

Date: 04 July 2026

Saturday

Report on Cooking Without Fire Activity

To encourage healthy eating habits, creativity, and life skills among students, a Cooking Without Fire Activity was organised on 4 July for the students of Classes I to V. Students enthusiastically participated in the activity by preparing a variety of delicious and healthy dishes based on different themes. Class I showcased



colourful Salad Decoration, displaying creativity through attractive arrangements of fresh fruits and vegetables. Class II prepared nutritious and tasty Sandwiches with colourful fillings. Class III made refreshing Lemonade, learning the importance of hygiene and balanced nutrition. Classes IV and V prepared flavourful Bhelpuri, demonstrating teamwork and culinary skills. The activity provided students with hands-on learning

experiences, helping them understand the importance of healthy food choices, cleanliness, and safe food preparation practices. The beautifully presented dishes reflected the students' imagination, confidence, and enthusiasm. The event concluded successfully with appreciation from teachers for the students' creativity, teamwork, and active participation. The activity proved to be an enjoyable and enriching experience, promoting healthy eating habits and developing essential life skills in a fun and engaging manner. This report can be accompanied by photographs of students preparing and presenting their dishes for the school newsletter or website.